



ReConnect Weekend



Owen and Lauren Mitchell

Working with Marriage Dynamics Institute in Franklin, TN since 1998, Owen and Lauren Mitchell have been privileged to invest in thousands of married couples and love what they do. In addition to leading Facilitator Training Seminars to equip couples to lead *Dynamic Marriage & United* enrichment classes, they travel the country leading ReConnect Weekend retreats. They know everyone has a story so they teach, equip, support, and encourage couples to make their story the best it can be.

Owen is a graduate of Freed-Hardeman University. With 40 years' previous experience in Retail and Property Management, he is now a pickleball instructor and competitor. Lauren exchanged cross stitching and 20 years as an Executive Assistant for motherhood, and has volunteered at a pro-life women's clinic since 2006.

From Eustis, Florida, the Mitchells attend Orange Avenue Church of Christ. They are partial to home but love to hike and snorkel through God's creation. They love Jesus, each other, and family, and are parents of two married children and grandparents to two fun, active, sweet, smart, busy grandsons.

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Marriage Dynamics
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